

# Collaborative Acrostic

- T** Think before you click. Think before you share.
- H** Hide personal information. Never share passwords.
- E** Every click matters, stay smart and alert.
- I** Ignore suspicious messages.
- N** Never reply to strangers or download untrusted files.
- V** Verify before you trust, stay safe online.
- I** Identify threats, stay safe!
- S** Stay smart, stay safe online!"
- I** Improve your safety, stay aware online!
- B** Be private, protect your data!
- L** Learn everything you can about your online protection
- E** Empower your critical thinking and decision-making.
- F** Face the challenges and protect yourself online.
- A** Avoid distrustful links, it's for your own good!
- C** Create your own safe world on social media.
- E** E-safety is the most important thing for being online.
- O** Only trust to your friends; don't trust to strangers.
- F** Follow the safety guidelines while downloading .
- M** Maintain a strong password.
- E** Enable two factor authentication.
- D** Don't share your personal information online.
- I** Ignore requests from people you don't know.
- A** Always update your apps.



## Be aware Stay safe online

Produced within the scope of the eTwinning and Erasmus+ project "The Invisible Face of Media" with contributions from students and teachers of the partner schools, during the celebration of "Safer Internet Day 2025".



### Useful Resources

- [www.betterinternetforkids.eu](http://www.betterinternetforkids.eu)
- [www.thinkuknow.co.uk](http://www.thinkuknow.co.uk)
- [www.saferinternet.org.uk](http://www.saferinternet.org.uk)



## E-safety Rules & Tips



**Stay Safe Online.**  
A Guide for Everyone



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## Why e-Safety matters

The internet is a great tool to learn, connect, and have fun. But like in the real world, it is important to stay safe and protect yourself online. E-safety means making smart choices to avoid risks such as scams, cyberbullying, and identity theft. By following a few simple rules, you can enjoy the benefits of the internet while staying safe and respectful.



## Golden Rules for e-safety

### **Protect Your Personal Information.**

Don't share your full name, address, school, phone number, or passwords.

### **Use Strong Passwords.**

Use a mix of letters, numbers, and symbols. Change them often.

### **Think Before You Click.**

Avoid links or downloads from people you don't know.

### **Be Kind Online. Respect others.**

Don't send mean messages or share harmful content.

### **Check Your Privacy Settings.**

Keep accounts private. Only share with people you trust.

### **Report and Block.**

Block bullies or strangers and tell a trusted adult.

### **Keep Software Updated**

Update apps, browsers, and antivirus regularly.

## For teachers

## and Parents

- Talk regularly with your children or students about how to stay safe online.
- Teach them to think critically about what they see and share on the internet.
- Supervise and guide their use of technology at home and in school.
- Know how to report online abuse or harmful content to the right authorities.

